



## April 2019 Events: All are Welcome

**Wednesday, April 3, 6-8 pm, *Co-op Happy Hour and Launch Party***, Adventure Brewing, 33 Perchwood Drive #101, Fredericksburg, VA 22405. Learn about our NEW member Loan Campaign. Win a prize for your best chocolate delight. Fun for all!

**Friday, April 5, 6-8:30 pm, *First Friday***, Artful Dimensions, 922 Caroline Street, Fredericksburg. Celebrate great three dimensional art on *First Friday* at this unique and beautiful gallery. Visit our co-op table for free tasty treats and good conversation.

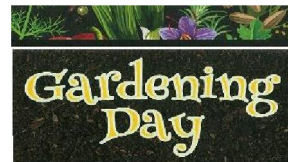
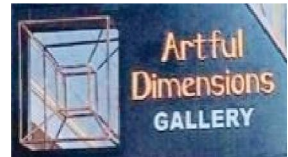
**Saturday, April 13, 9 am – Noon, *Gardening Day***, Howell Branch Library, 806 Lyons Blvd, Fredericksburg, VA. 22406. Help plant vegetable and butterfly gardens, learn about worms, composting, turmeric and lots more. Activities for children, fun for all.

**Saturday, April 13, 10am-5pm, *Multicultural Fair***, University of Mary Washington, Fredericksburg, VA 22401. Don't miss this wonderful annual event featuring ethnic food and crafts, live entertainment, children's activities and much more. And please stop by our co-op table.

**Saturday, April 13, 3:00-5:00 pm, *Co-op Board Meeting***, All are welcome to attend our board meetings. These are a good opportunity for you to learn about our process and to make input. If you plan to stop by please email us at [fxbgfoodcoop@gmail.com](mailto:fxbgfoodcoop@gmail.com).

**Sunday, April 14, 2-4 pm, *Capital Campaign Information & Party***, Ristorante Renato, 422 William St, Fredericksburg, VA 22401. Co-op members are invited to attend this informative event to learn more about our exciting Member loan Campaign. Earn a fair return up to 6%. Put your money to work in your own community. Bring your questions. We'll have answers and refreshments. Ready to make a loan? We'll help you complete the paperwork. Please join us!

**Friday, April 19, 4-5 pm, *Reducing Food Waste***, Porter Branch Library, 2001 Parkway Blvd, Stafford, VA 22554. Food is precious. Get ideas on reducing food waste. Save money. Help the environment.



**Saturday, April 20, 9 am start time. 8am registration opens. **Second Annual Co-op 5 K Walk/Run, “Go Far, Go Together,”**** Old Mill Park, 2201 Caroline Street, Fredericksburg, VA 22401. Arrive early and experience the wonderful live music of the talented Laurie Griffith and Pete Mealy. Register today! Let’s get healthy together!



**Tuesday, April 23, 2 pm - 4 pm, **UMW Earth Day Market,**** University of Mary Washington, Ball Circle, Fredericksburg, VA 22401. Celebrate our planet. All are welcome. Visit our co-op table.

**Wednesday, April 24, 5:30-7:30 pm, **Plant-Based Cooking,**** St. George’s Episcopal Church, 905 Princess Anne Street, Fredericksburg. What a treat! Chrissy McDermott and Wendy Cannon of the Dr. Yum Project will share their passion for healthy food options and show us how to have some fun in the kitchen. Vegan potluck follows or make a donation to The Table, St. George’s food pantry.



**Saturday, April 27, 11am-4pm, **Earth Day,**** Old Mill Park, 2201 Caroline Street, Fredericksburg, VA. Celebrate with live music, food vendors, and more. Soak in the friendly and inspiring atmosphere while learning more about the many resources and organizations in our community committed to a clean and sustainable environment.



**Saturday, April 27, 7am-2pm, **Farmers Market,**** Hurkamp Park, Fredericksburg, VA 22401. So exciting to be back at our wonderful Farmers Market where the produce and other items are fresh and local and the people are friendly and kind. Stop by our food co-op table.



**Sunday, April 28, 8:30 am – 11:30 am, **Moss Free Clinic 5K,**** 1301 Sam Perry Blvd, Fredericksburg, VA 22401. Enjoy this “Get Healthy” event while contributing to this very noble mission.



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