



## MAY 2019 EVENTS: ALL ARE WELCOME

**Friday, May 3, 5:00-7:30 pm, CO-OP EXHIBIT AT CHILDREN'S MUSEUM** 1272 Jefferson Davis Hwy, Fredericksburg VA. *Children will delight in this exciting new exhibit on the value of co-ops and cooperation. Enjoy a free night at Fredericksburg's wonderful [Children's Museum](#). Light refreshments provided by Foode.*

**May 3, 6-8:30 pm, FIRST FRIDAY, Artful Dimensions**, 922 Caroline St, Fredericksburg VA. *First Fridays are a time to celebrate great art and enjoy good conversation. Be sure to visit this unique and beautiful gallery. We'll welcome you at our co-op table with free tasty treats and good conversation.*

**Saturdays, May 4, 11, 18, 25, 7 am-2 pm FARMERS MARKET**, Hurkamp Park, William & Prince Edward Streets, Fredericksburg VA. *So exciting to be back at our wonderful Farmers Market where the people are friendly and the produce and other items are fresh and local. Come by our food co-op table for lively conversation and information.*

**Saturday, May 4, 9 am, WALK FOR MENTAL WELLNESS**, Maury Park, Fredericksburg VA. *We are proud to be a Gold Sponsor of the walk to raise awareness about mental health and wellness in our community. [One and three mile routes](#). Register onsite. Enjoy Live Music, Games and crafts for kids (of all ages), Silent Auction, Raffles, Food for registered walkers, Paws for Dogs treats & refreshments, Awards for Walkers and Teams.*

**Saturdays, May 4 & 18, 3-5 pm CO-OP BOARD MEETING**, *All are welcome to attend our board meetings. These are a good opportunity for you to learn about our process and to make input. If you plan to stop by, please email us at [fxbgfoodcoop@gmail.com](mailto:fxbgfoodcoop@gmail.com).*

**Saturdays, May 4, 5:30-8:00 pm & May 11, 5:00-8:00 pm LOAN CAMPAIGN INFORMATION**, Red Dragon Brewery, 1419 Princess Anne St, Fredericksburg. *Food Co-op members are invited to stop by Red Dragon for free pizza and answers to all your questions about the [member loan campaign](#).*

**Saturday, May 18, 1:00-4:00 pm, FORK IT OVER FESTIVAL, Downtown Greens**, At the intersection of Charles, Dixon, and Princess Anne Streets, Fredericksburg. *Join us at Downtown Greens annual family-friendly fundraising festival! There will be live music, kids' activities, a silent auction, vendors, a plant sale and, of course, food.*

**Saturday, May 18, 6:00-9:00 pm, *A NIGHT AT THE SPEAKEASY***, *Who was Annie? Find out and have fun at a secret location in Fredericksburg. Enjoy delicious snacks and spirits. Bid on special gift baskets — all to benefit the Fredericksburg Food Co-op and [CASA](#). You won't want to miss this party! **Buy your tickets today at [fredericksburgfoodcoop.com](http://fredericksburgfoodcoop.com)***

**Wednesday, May 22, 5:30-7:30 pm, *PLANT-BASED COOKING CLASS***, St. George's Episcopal Church, 905 Princess Anne St, Fredericksburg VA. *Joy Crump, Executive Chef of Foode & Mercantile, will share the joy of preparing spring vegetables five different ways. Bring a dish for the vegan potluck which follows the class or make a contribution to [The Table](#), St. George's food pantry.*

**Wednesday, May 29, 7-8:30 pm *GROCERY STORY Book Tour with Author Jon Steinman***  
Central Rappahannock Regional Library, 1201 Caroline St, Fredericksburg VA  
Celebrate "[The Promise of Co-ops in the Age of Grocery Giants](#)"